HOW TO USE

AidRx Pack



Always verify the date and time!

- 1. Tear pouch off of the roll at the perforation
- 2. Hold pouch in your hand with your name in the top left corner
- 3. Tear pouch open from top to bottom
- 4. Carefully empty the contents of the pouch into your hand

Remember to take your medications with a full glass of water!

